|  |  |  |  |
| --- | --- | --- | --- |
| **Boys** | **Grade** | **Girls** | **Grade** |
| **Distance Jumped** |  | **Distance Jumped** |  |
| 80cm – 1.00m | Level 2 Bronze | 60cm – 85cm | Level 2 Bronze |
| 1.01m – 1.15m | Level 2 Silver | 86cm – 1.05m | Level 2 Silver |
| 1.16m – 1.40m | Level 2 Gold | 1.06m – 1.20m | Level 2 Gold |
| 1.41m – 1.60m | Level 3 Bronze | 1.21m – 1.40m | Level 3 Bronze |
| 1.61m – 1.80m | Level 3 Silver | 1.41m – 1.60m | Level 3 Silver |
| 1.81m – 2.00m | Level 3 Gold | 1.61m – 1.80m | Level 3 Gold |
| 2.01m – 2.20m | Level 4 Bronze | 1.81m – 2.00m | Level 4 Bronze |
| 2.21m – 2.40m | Level 4 Silver | 2.01m – 2.20m | Level 4 Silver |
| 2.41m + | Level 4 Gold | 2.21m + | Level 4 Gold |
| **3.73m** | **World Record** | **2.81m** | **World Record** |

**St Mungo’s Academy PE Department**

**Standing Long Jump Target Grades**

Target Level by Age

Level 2 – Primary 6-7 Level 3 – S1-S3 Level 4 – S4-S6